

# ALISHA LOST 13 Kilos

Who else wants to lose at least 3 kilos in 6 weeks ?

**Guaranteed**



"I'm getting my confidence back in how I look and feel. Just by being fitter & losing weight means I don't need to hide away"  
Alisha Jones 25 Office Manager, Kingsley



8kilos—7% less body



"What a difference 6 weeks made. So far I've lost 5 kilos in 6 weeks" and loving it  
Julie Kiernan 39 Mum and Cafe Manager Quinns Rocks.

Lose 3kg on our program or **100% Money Back**  
No shakes  
No meal replacements  
No joining fees  
No memberships

**6 Week New Body Start Dates**

**23th January  
13th February  
CONSULTATIONS  
NOW**

## Special Offer 6 week Body Challenge

	Value
18 Personal Training sessions (2 personal 1 group pweek)	\$ 585
Comprehensive Body Composition Assessment	\$ 60
Complete Fat loss eating plan	\$ 29.95
<b>BONUS</b> *Nutritional Seminar for You and a Friend	\$ 50

**Total Value \$724.95**  
**Your Special Price \$ 549**  
**Save a massive \$175**

**Secure your place today**

Call Ann **9448 2003**

or [www.tailoredfitness.com.au](http://www.tailoredfitness.com.au)

**Be Quick  
10 spots  
ONLY**

Studio location shop 3 cnr Lilburne & Hilarion Rd. Duncraig